Nurturing a Hopeful and Joyful Classroom Community: Strengthening Students' Social and Emotional Awareness (K-2)

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***=See Read Aloud Experience in The Ramped-Up Read Aloud (Walther, 2019)

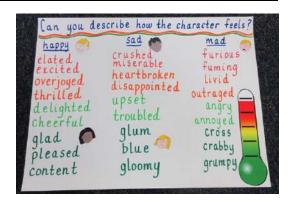
Welcome Students to Your Literacy Community

Read Alouds to Welcome Students to Your Caring Classroom Community	
All are Welcome (Penfold, 2018)	The Day You Begin (Woodson, 2018)
The Big Umbrella (Bates, 2018)	Ways to Welcome (Ashman, 2020)
Butterflies on the First Day of School (Silvestro, 2019)	We Don't Eat Our Classmates (Higgins, 2018)

Understand Feelings and Emotions

Read Alouds about Feelings and Emotions	
Blue (Seeger, 2018)	Walther Was Worried (Seeger, 2006)
How Are You Peeling: Foods With Moods (Freyman, 1999)	The Way I Feel (Cain, 2000)
It's Not Fair (Rosenthal, 2008)	
Theo's Moods (Cocca-Leffler, 2013)	

- 1. Read aloud a poem or book about feelings/emotions.
- 2. Discuss and identify basic feelings and emotions
 - a. Identify facial expressions that portray different emotions
 - b. Role play different feelings/emotions
 - c. Create an anchor chart with words children can use to describe how characters are feeling.



Learn How to Cool Off

** Make fan on large piece of chart paper

Read Alouds about Anger and Calming Down	
Fergal and the Bad Temper (Starling 2017/2019)	
***Horrible Bear (Dyckman, 2016) (See Ramped-Up p. 32)	When Sophie Gets Angry—Really, Really Angry (Bang, 1999)
Ruthie and the (Not So) Teeny Tiny Lie (Rankin, 2007)	What Are You So Grumpy About? (Lichtenheld, 2007)

- I. Read aloud a poem/book about feelings/emotions
- 2. Discuss ways to cool off at school.
- 3. Brainstorm ideas on "fan" anchor chart.

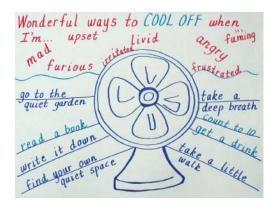


Exhibit a Growth Mindset

Be a Flexible Thinker

Read Alouds about Flexible Thinking	
Beautiful Oops! (Saltzberg, 2010)	***A Perfectly Messed-Up Story (McDonnell, 2014) See Ramped-Up p. 58
The Book of Mistakes (Luyken, 2017)	Pete the Cat: Rocking in My School Shoes (Litwin, 2011)
Dirt Cheap (Hoffman, 2020)	What Do You Do With a Problem (Yamada, 2016)
It's Okay to Make Mistakes (Parr, 2014)	What To Do With a Box (Yolen, 2016)
The Odd Egg (Gravett, 2008)	What To Do With a String (Yolen, 2019)



Relationship Skills: Listen, Think, Talk, & Work Together

Using "Whole Body" Listening

Definition: Whole Body Listening is when your eyes, ears, mouth, hands, arms, legs, and feet are calm and quiet. when your body is calm and quiet you are able to listen with your whole body; it helps you pay attention to what people are doing around you and it shows others you are thinking about them.

Read Alouds about Listening	
Listen Buddy (Lester, 1997)	Whole Body Listening Larry at School (Sautter & Wilson, 2011)
Telephone (Barnett, 2014) *Great before "Operator" game	Wordy Birdy (Sauer, 2018)

- 1. Read aloud a book or poem about listening.
- 2. Introduce "Whole Body Listening."
- 3. Play "operator" to demonstrate the importance of listening.

My eyes are watching.	My brain is thinking.
My ears are listening.	My heart is caring.
My mouth is quiet.	My feet are still.
My hands are <u>still.</u>	

Develop Empathy and Social Imagination

Inferring Characters' Feelings

Read Alouds Where Characters Display a Range of Emotions	
***A Bike Like Sergio's (Boelts, 2016) (See Ramped-Up p. 92)	The Camping Trip (Mann, 2020)
***A Dog Wearing Shoes (Ko, 2015) (See Ramped-Up p. 30)	Saturday (Mora, 2019)

Empathize with Characters' Feelings

*** Ludwig, T. (2013). The invisible boy. (P. Barton, Illus.). New York, NY: Knopf. (See Ramped-Up p. 38)

Celebrate Differences and Include Others

Read Alouds about Celebrating Differences	
Big AI (Clements, 1991)	Odd Velvet (Whitcomb, 1998)
Exclamation Mark (Rosenthal, 2013)	Ogilvy (Underwood, 2019)
Freckleface Strawberry (Moore, 2007)	The Sandwich Swap (Al Abdullah, 2010)
***The Invisible Boy (Ludwig, 2013) See Ramped-Up p. 38	Stand Tall Molly Lou Melon (Lovell, 2001)
Janine (Cocca-Leffler, 2015)	***Strictly No Elephants (Mantchev, 2015) *Emily Arrow Song See
	Ramped-Up p. 44
***Marisol McDonald Doesn't Match (Brown, 2011) *Bilingual See	My Three Best Friends and Me, Zula (Best, 2015)
Ramped-Up p. 42	
Mixed: A Colorful Story (Chung, 2018)	Tommy Can't Stop (Federle, 2015)
Neither (Anderson, 2018)	Too Loud Lilly (Laguna, 2004)
***Nerdy Birdy (Reynolds, 2015) See Ramped-Up p. 36	We're All Wonders (Palacio, 2017)

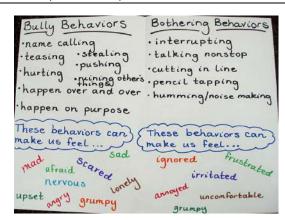
Read Alouds about Friendship	
***Be a Friend (Yoon, 2016) See Ramped-Up p. 46	Life is Fun (Carlson, 1993)
Enemy Pie (Munson, 2000) and Let's Be Enemies (Udry, 1961)	Peanut Butter & Cupcake (Border, 2014)
Friendshape (Rosenthal, 2015)	***A Small Blue Whale (Ferry, 2017) See Ramped-Up p. 122
The Friend Ship (Yeh, 2016) *Big Idea-Inviting others to join you	**You Will Be My Friend! (Brown, 2011) *Also good for point of
	view/perspective See Ramped-Up p. 86
How to Lose All of Your Friends (Carlson, 1997)	

Become a Problem Solver and Resolve Conflicts

Understand the Difference Between Bullying and Bothering

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Read Alouds about Bullying and Standing Up for Others	
Bully (Seeger, 2013)	Say Something (Moss, 2008)
I Walk With Vanessa (Kerascoet, 2018) [Wordless Book]	***The Smallest Girl in the Smallest Grade (Roberts, 2014) See Ramped-Up p. 55
Peanut Butter and Jellyfish (Krosoczka, 2014)	Stick and Stone (Ferry, 2015)
The Recess Queen (O'Neill, 2002)	Two of a Kind (Robbins, 2009)
	Yoon and the Jade Bracelet (Recorvits, 2008)

- I. Read aloud a poem or book about bullying
- 2. Discuss the difference between bullying and bothering and how each situation makes children feel



Practice "Talking it Out"

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Read Alouds about Friendship or Conflicts	
Horace and Morris But Mostly Dolores (Howe, 1999)	The Secret Olivia Told Me (Joy, 2007)
***Horrible Bear (Dyckman, 2016) *Book Trailer See Ramped-Up p. 32	The Story of Fish and Snail (Freedman, 2013)
Pug and Doug (Breen, 2013)	Want to Play Trucks? (Stott, 2018)
	What James Said (Rosenberg, 2015)

- I. Read aloud a book or poem about friendship or conflicts2. Model and practice appropriate ways to ask someone to stop (adapted from *Reading for Meaning* by Debbie Miller).
- 3. Role play "Talking It Out."

Use chart below to guide your discussion.



Professional Resources

When someone is annoying or hurting me I can . . .

Look the person in the eye and nicely say,

I don't like it when you

It makes me feel

I want

When someone tells you this, what can you say back?

Look the person in the eye and nicely say,

I heard you say

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